Abstract

An implant plate according to the invention serves to stabilize a fracture of an upper-arm head and/or a fracture of a proximal upper arm. It is therefore fitted with at least one raised receiving member (6) for a flexible fastening member (29) on a side, facing away from a bone (4), of a head-end portion (2) of the implant plate (1). Each receiving member (6) has an aperture (7) extending substantially parallel to an outer edge or contour (8), and to the side of the implant plate (1) facing away from the bone (4), for threading, passing-through, and drawing together the flexible fastening member (2). The receiving member (6) can be formed using process and plant technology from strip material (42), or using externally fabricated receiving members (6) that are welded, press-welded, soldered, screwed, or riveted onto the outer side of the implant plate (1). The invention also comprises a method and a facility for manufacturing the implant plates, and also their use in surgery and/or orthopedics.